

# Functional Skills

## SCREENING

Please complete. Take care - this is part of the assessment!

Name (Surname/Family name) \_\_\_\_\_

First name \_\_\_\_\_

Address \_\_\_\_\_

Post code \_\_\_\_\_

Today's Date \_\_\_\_\_

☐

No. of errors

Is English your main language? Yes ☐ No ☐ (please ✓)

Do you speak any other languages: at home Yes ☐ No ☐ (please ✓)  
at work Yes ☐ No ☐ (please ✓)  
with friends? Yes ☐ No ☐ (please ✓)

### RESULTS - TO BE COMPLETED BY ASSESSOR

No. of errors in personal details .....

Literacy total .....

ENGLISH LEVEL (please ✓) E ☐ 1+ ☐

Numeracy total .....

MATHEMATICS LEVEL (please ✓) ☐ E ☐ 1+ ☐

Further Comments

Please circle for referral

ESOL YES/NO

ALS YES/NO

# Fitness Club

## The fitness club for all - Gym and Swim Timetable



### MONDAYS

a.m.

9 - 10	<b>STRETCH**</b>	- all-over body toning, teacher: Michelle
10 - 11	<b>SENIORS**</b>	- exercise for the over 50's, teacher: Su Lin
11 - 12	<b>BODY PUMP***</b>	- an advanced class for total fitness, teacher: Michelle

p.m.

12 - 1	<b>AQUA STRETCH*</b>	- let the water take the strain tone your body gently, teacher: Elena
1 - 2	<b>BODY BLAST***</b>	- burn that fat, teacher: Gary
2 - 2.30	<b>STEP (1)*</b>	- a fun way to work your legs, teacher: Elena
2.30 - 3	<b>STEP (2)**</b>	- a fun way to work your legs, teacher: Elena
3 - 4	<b>BODY BUILD**</b>	- a class for wheelchair users, teacher: Raj
4 - 5	<b>FAMILY TIME**</b>	- swimming for all ages, teacher: Su Lin

**\*Beginners**

**\*\*All levels**

**\*\*\* Advanced**

## SECTION A

Read and study the timetable on page two then answer the questions on this sheet. You do not have to answer in complete sentences.

1. At the Fitness Club, how many classes are there just for beginners on Mondays?

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1 mark

2. What time is Raj's class?

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☐

1 mark

3. Which class would be most suitable for a really fit person?

Please circle one of the following.

Stretch      Step 2      Seniors      Body Pump

☐

1 mark

4. Who teaches the most classes on Mondays?

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☐

1 mark

5. How many teachers are there altogether on Mondays?

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☐

1 mark

6. How many classes take place in the swimming pool?

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1 mark

Total English marks \_\_\_\_\_

## SECTION B

### Question 1

Put the following numbers in order putting the smallest first.

323    438    791    14    276

Use the boxes below, the first number has been done for you.

14				
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☐

1 mark

### Question 2

$$\begin{array}{r} 46 \\ + 37 \\ \hline \end{array}$$

☐

1 mark

### Question 3

$$\begin{array}{r} 25 \\ \times 36 \\ \hline \end{array}$$

☐

1 mark

### Question 4

Which of these numbers shows twelve thousand and six?

☐

1 mark

120,006

12,006

1206

12,000,006

### Question 5

Please circle the correct answer.

$\frac{5}{10}$  is the same as    0.5    0.2    0.10    0.510

☐

1 mark

Total Mathematics marks \_\_\_\_\_